

## BAA -CLASS SCHEDULE WEEKLY 2018- 2019

### Creative Movement (Light Blue, long sleeve leo)

Monday 3:45 - 4:30 ( Monica )

### Pre-Ballet (Light Blue, long sleeve leo)

Tuesday 3:45 - 4:30 (Monica)

### Beginning Ballet (Pink, long sleeve leo)

Wednesday 4:30 - 5:15 (Monica)

### Ballet 1 (Pink, long sleeve leo)

Tuesday 4:30- 5:30 (Monica)

### Ballet 2 (Navy leo, Motion Wear # 2603)

Tuesday 4:00 - 5:00 (ME)

Wednesday 4:00 - 5:00 ( ME)

### Ballet 3 (Maroon leo, Motion Wear # 2603)

Tuesday 5:00- 6:15 (ME)

Friday 4:00- 5:15 (ME)

### Ballet 3B (Maroon leo, Motion Wear # 2603)

Monday 5:30- 6:45 Ballet (ME)

Thursday 5:15 - 6:30 Ballet (ME)

Thursday 6:30- 7:15 Pilates ( Alex)

### Ballet 3A (Maroon leo, Motion Wear # 2603)

Thursday 4:00 - 5:15 Ballet (ME)

Thursday 6:30- 7:15 Pilates (Alex)

Friday 5:15 - 6:30 Ballet (ME)

Saturday 9:30-10:45 Ballet (ME)

**Ballet 4 (Hunter Green leo, Motion Wear # 2603, Underclothing must not show)**

Monday 4:00- 5:30 Ballet (ME)  
Tuesday 4:00 - 5:15 Ballet (KK)  
Tuesday 5:15- 5:45 Pointe (KK)  
Tuesday 6:15 - 7:15 Contemporary ( Monica)  
Friday 4:30 - 6:00 Ballet (RS)  
Friday 6:00 - 6:45 Pointe (RS)  
Saturday 9:30- 10:30 Pilates (Alex)  
Saturday 12:15 - 1:45 Ballet and Pointe (ME)

**Ballet 4A (Hunter Green leo, Motion Wear # 2603-Underclothing must not show)**

Monday 4:00- 5:30 Ballet (ME)  
Tuesday 4:00 - 5:15 Ballet (KK)  
Tuesday 5:15- 5:45 Pointe (KK)  
Tuesday 6:15 - 7:15 Contemporary ( Monica)  
Friday 4:30 - 6:00 Ballet (RS)  
Friday 6:00 - 6:45 Pointe (RS)  
Saturday 9:30- 10:30 Pilates (Alex)  
Saturday 12:15 - 1:45 Ballet and Pointe (ME)

**Ballet 5 (Black leo, Motion Wear # 2518-Undeclothing must not show)**

Monday 4:00- 5:30 Ballet (ME)  
Tuesday 4:00 - 5:15 Ballet (KK)  
Tuesday 5:15- 5:45 Pointe (KK)  
Tuesday 6:15 - 7:15 Contemporary ( Monica)  
Friday 4:30 - 6:00 Ballet (RS)  
Friday 6:00 - 6:45 Pointe (RS)  
Saturday 9:30- 10:30 Pilates (Alex)  
Saturday 12:15 - 1:45 Ballet and Pointe (ME)

**Ballet 5A (Black leo, -Any Conservative Style-Underclothing must not show )**

Monday 6:45- 8:15 Ballet and Pointe (ME)  
Tuesday 5:45- 7:15 Ballet ( KK)  
Tuesday 7:15- 8:00 Variations/Pointe/Rehearsal (KK)  
Wednesday 5:00- 6:30 Ballet and Pointe (ME)  
Thursday 4:30- 5:15 Classical Spanish (Monica)  
Thursday 5:15 - 6:30 Contemporary (Monica)  
Thursday 6:30-8:00 Ballet and Pointe (ME)  
Saturday 9:30-10:30 Pilates (Alex)  
Saturday 10:45-12:15 Ballet and Pointe (ME)

**Ballet 6 (Black leo, -Any Conservative Style-Underclothing must not show)**

Monday	6:45- 8:15	Ballet and Pointe (ME)
Tuesday	5:45- 7:15	Ballet (KK)
Tuesday	7:15- 8:00	Variations/Pointe/Rehearsal (KK)
Wednesday	5:00- 6:30	Ballet and Pointe (ME)
Thursday	4:30- 5:15	Classical Spanish (Monica)
Thursday	5:15 - 6:30	Contemporary (Monica)
Thursday	6:30-8:00	Ballet and Pointe (ME)
Saturday	9:30-10:30	Pilates (Alex)
Saturday	10:45-12:15	Ballet and Pointe (ME)

**Ballet 6A (Black leo, -Any Conservative Style -Underclothing must not show)**

Monday	6:45- 8:15	Ballet and Pointe (ME)
Tuesday	5:45- 7:15	Ballet (KK)
Tuesday	7:15- 8:00	Variations/Pointe/Rehearsal (KK)
Wednesday	5:00- 6:30	Ballet and Pointe (ME)
Thursday	4:30- 5:15	Classical Spanish (Monica)
Thursday	5:15 - 6:30	Contemporary (Monica)
Thursday	6:30-8:00	Ballet and Pointe (ME)
Saturday	9:30-10:30	Pilates (Alex)
Saturday	10:45-12:15	Ballet and Pointe (ME)

**Boys Class ( Form-fitting white T-Shirt, black tights ,white socks, black or white shoes)**

Thursday	4:30- 5:30	Boys Class (BJ)
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**Flamenco for BAA students (Leotard of class level, character shoes and Black Long Skirt )**

Monday	4:30 -5:15	Beginning Flamenco for Ballet levels 2, 3, 3B and 3A (Monica Mota)
Monday	5:30 -6:30	Intermediate Flamenco for Ballet levels 4 and up (Monica Mota)

**Classical Spanish for Ballet 5/ 5A/ 6/ 6A (Black leotard, No skirt, character shoes )**

Thursday	4:30-5:15	Classical Spanish ( Monica Mota)
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**Flamenco for Adults ( Any comfortable attire, character shoes are optional**

Wednesday	6:00- 7:00	Flamenco for Adults (Monica Mota)
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**Adult Ballet (Any comfortable clothing, ballet shoes recommended)**

Saturday	9:15- 10:30	* Ballet Technique ( We will start this class as we get inquiries )
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\* This class is intended for people with or without any prior ballet training. It provides slow exercises which will enhance strength , balance, flexibility, musicality and self confidence.

Adult Students will develop the understanding of those elements listed above as well as the understanding of the ballet terminology and technique. Minimum number of students is 6.