

BALLET ARTS ACADEMY

CLASS SCHEDULE 2018 - 2019

Creative Movement (Light Blue, long sleeve leo)

Monday 3:45 - 4:30 (Monica)

Pre-Ballet (Light Blue, long sleeve leo)

Tuesday 3:45 - 4:30 (Monica)

Beginning Ballet (Pink, long sleeve leo)

Wednesday 4:30 - 5:15 (Monica)

Ballet 1 (Pink, long sleeve leo)

Tuesday 4:30 - 5:30 (Monica)

Ballet 2 (Navy leo, Motion Wear # 2603)

Tuesday 4:00 - 5:00 (ME)

Wednesday 4:00 - 5:00 (ME)

Ballet 3 (Maroon leo, Motion Wear # 2603)

Tuesday 5:00 - 6:15 (ME)

Friday 4:00 - 5:15 (ME)

Ballet 3B (Maroon leo, Motion Wear # 2603)

Monday 5:30 - 6:45 Ballet (ME)

Thursday 5:15 - 6:30 Ballet (ME)

Thursday 6:30 - 7:15 Pilates (Jade)

Ballet 3A (Maroon leo, Motion Wear # 2603)

Thursday 4:00 - 5:15 Ballet (ME)

Thursday 6:30 - 7:15 Pilates (Jade)

Friday 5:15 - 6:30 Ballet (ME)

Saturday 9:30 - 10:45 Ballet (ME)

Ballet 4 (Hunter Green leo, Motion Wear # 2603, Underclothing must not show)

Monday 4:00 - 5:30 Ballet (ME)

Tuesday 4:00 - 5:15 Ballet (KK)

Tuesday 5:15 - 5:45 Pointe (KK)

Tuesday 6:15 - 7:15 Contemporary (Monica)

Friday 5:00 - 6:30 Ballet and Pointe (RS)

Saturday 9:30 - 10:30 Pilates (Jade)

Saturday 12:15 - 1:45 Ballet and Pointe (ME)

Ballet 4A (Hunter Green leo, Motion Wear # 2603, Underclothing must not show)

Monday 4:00 - 5:30 Ballet (ME)
Tuesday 4:00 - 5:15 Ballet (KK)
Tuesday 5:15 - 5:45 Pointe (KK)
Tuesday 6:15 - 7:15 Contemporary (Monica)
Friday 5:00 - 6:30 Ballet and Pointe (RS)
Saturday 9:30 - 10:30 Pilates (Jade)
Saturday 12:15 - 1:45 Ballet and Pointe (ME)

Ballet 5 (Black leo, Motion Wear # 2518, Underclothing must not show)

Monday 4:00 - 5:30 Ballet (ME)
Tuesday 4:00 - 5:15 Ballet (KK)
Tuesday 5:15 - 5:45 Pointe (KK)
Tuesday 6:15 - 7:15 Contemporary (Monica)
Friday 5:00 - 6:30 Ballet and Pointe (RS)
Saturday 9:30 - 10:30 Pilates (Jade)
Saturday 12:15 - 1:45 Ballet and Pointe (ME)

Ballet 5A (Black leo, any style, Underclothing must not show)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:45 - 7:15 Ballet (KK)
Tuesday 7:15 - 8:00 Variations/Pointe/Rehearsal (KK)
Wednesday 5:00 - 6:30 Ballet and Pointe (ME)
Thursday 4:30 - 5:15 Classical Spanish (Monica)
Thursday 5:15 - 6:30 Contemporary (Monica)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 9:30 - 10:30 Pilates (Jade)
Saturday 10:45 - 12:15 Ballet and Pointe (ME)
Saturday 12:15 - 1:15 Partnering (BJ)

Ballet 6 (Black leo, any style, Underclothing must not show)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:45 - 7:15 Ballet (KK)
Tuesday 7:15 - 8:00 Variations/Pointe/Rehearsal (KK)
Wednesday 5:00 - 6:30 Ballet and Pointe (ME)
Thursday 4:30 - 5:15 Classical Spanish (Monica)
Thursday 5:15 - 6:30 Contemporary (Monica)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 9:30 - 10:30 Pilates (Jade)
Saturday 10:45 - 12:15 Ballet and Pointe (ME)
Saturday 12:15 - 1:15 Partnering (BJ)

Ballet 6A (Black leo, any style, Underclothing must not show)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:45 - 7:15 Ballet (KK)
Tuesday 7:15 - 8:00 Variations/Pointe/Rehearsal (KK)
Wednesday 5:00 - 6:30 Ballet and Pointe (ME)
Thursday 4:30 - 5:15 Classical Spanish (Monica)
Thursday 5:15 - 6:30 Contemporary (Monica)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 9:30 - 10:30 Pilates (Jade)
Saturday 10:45 - 12:15 Ballet and Pointe (ME)
Saturday 12:15 - 1:15 Partnering (BJ)

Boys Class (Form-fitting white T-Shirt, black tights, white socks, black or white shoes)

Thursday 4:30 - 5:30 Boys' Class (BJ)

Flamenco for BAA Students (Leotard of Class Level, character shoes and Black Long Skirt)

Monday 4:30 - 5:15 Beginning Flamenco for ballet levels 2, 3, 3B and 3A (Monica Mota)

Monday 5:30 - 6:30 Intermediate Flamenco for ballet levels 4 and up (Monica Mota)

Classical Spanish for Ballet 5/5A/6 (Black leotard, no skirt, character shoes)

Wednesday 5:15 - 6:15 Classical Spanish (Monica Mota)

Classical Spanish for Ballet 5A/6/6A (Black leotard, no skirt, character shoes)

Thursday 4:30 - 5:15 Classical Spanish (Monica Mota)

Adult Ballet Any comfortable clothing, ballet shoes recommended)

Saturday 9:15 - 10:30 Ballet Technique* (ML)

*This class is intended for people with or without any prior ballet training. It provides slow exercises which will enhance strength, balance, flexibility, musicality and self confidence. Adult students will develop the understanding of those elements listed above as well as the understanding of the ballet terminology and technique.