

BALLET ARTS ACADEMY

CLASS SCHEDULE 2017 - 2018

Creative Movement (Light Blue, long sleeve leo)

Monday 3:45 - 4:30 (AH)

Pre-Ballet (Light Blue, long sleeve leo)

Tuesday 5:00 - 5:45 (AH)

Beginning Ballet (Pink, long sleeve leo)

Monday 4:30 - 5:15 (AH)

Ballet 1 (Pink, long sleeve leo)

Tuesday 4:00 - 5:00 (AH)

Ballet 2 (Navy leo, Motion Wear # 2603)

Tuesday 4:00 - 5:00 (ME)

Wednesday 4:00 - 5:00 (ME)

Ballet 3 (Maroon leo, Motion Wear # 2603)

Monday 5:30 - 6:45 (ME)

Thursday 5:15 - 6:30 (ME)

Ballet 3B (Maroon leo, Motion Wear # 2603)

Wednesday 5:00 - 6:15 Ballet (ME)

Wednesday 6:15 - 7:00 Pilates (AH)

Saturday 10:30 - 11:45 Ballet (ML)

Ballet 3A (Maroon leo, Motion Wear # 2603)

Monday 5:30 - 6:30 Contemporary (AH)

Tuesday 5:00 - 6:15 Ballet (ME)

Wednesday 6:15 - 7:00 Pilates (AH)

Thursday 4:00 - 5:15 Ballet (ME)

Friday 4:00 - 5:15 Ballet (ME)

Ballet 4 (Hunter Green leo, Motion Wear # 2603)

Monday 4:00 - 5:30 Ballet (ME)

Monday 5:30 - 6:30 Contemporary (CW)

Tuesday 4:00 - 5:30 Ballet (KK)

Thursday 4:30 - 5:30 Pilates (AH)

Friday 5:15 - 7:00 Ballet and Pointe (ME)

Saturday 10:30 - 11:45 Ballet (ME)

Saturday 11:45 - 12:15 Pointe (ME)

Ballet 4A (Hunter Green leo, Motion Wear # 2603)

Monday 4:00 - 5:30 Ballet (ME)
Monday 5:30 - 6:30 Contemporary (AH)
Tuesday 4:00 - 5:30 Ballet (KK)
Thursday 4:30 - 5:30 Pilates (AH)
Friday 5:15 - 7:00 Ballet and Pointe (ME)
Saturday 10:30 - 11:45 Ballet (ME)
Saturday 11:45 - 12:15 Pointe (ME)

Ballet 5 (Black leo, Motion Wear # 2518)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:30 - 7:00 Ballet (KK)
Tuesday 7:00 - 7:45 Variations/Pointe/Rehearsal (KK)
Wednesday 5:15 - 6:15 Classical Spanish (Monica Mota)
Wednesday 6:15 - 7:45 Ballet and Pointe (ME)
Thursday 4:30 - 5:30 Pilates (AH)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 12:15 - 1:30 Ballet and Pointe (ME)
Saturday 1:30 - 2:15 Partnering Class (BJ)

Ballet 5A (Black leo, any style)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:30 - 7:00 Ballet (KK)
Tuesday 7:00 - 7:45 Variations/Pointe/Rehearsal (KK)
Wednesday 5:15 - 6:15 Classical Spanish (Monica Mota)
Wednesday 6:15 - 7:45 Ballet and Pointe (ME)
Thursday 4:30 - 5:30 Pilates (AH)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 12:15 - 1:30 Ballet and Pointe (ME)
Saturday 1:30 - 2:45 Partnering Class (BJ)

Ballet 6 (Black leo, any style)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:30 - 7:00 Ballet (KK)
Tuesday 7:00 - 7:45 Variations/Pointe/Rehearsal (KK)
Wednesday 5:15 - 6:15 Classical Spanish (Monica Mota)
Wednesday 6:15 - 7:45 Ballet and Pointe (ME)
Thursday 4:30 - 5:30 Pilates (AH)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 12:15 - 1:30 Ballet and Pointe (ME)
Saturday 1:30 - 2:45 Partnering Class (BJ)

Advanced (Black leo, any style)

Monday 6:45 - 8:15 Ballet and Pointe (ME)
Tuesday 5:30 - 7:00 Ballet (KK)
Tuesday 7:00 - 7:45 Variations/Pointe/Rehearsal (KK)
Wednesday 5:15 - 6:15 Flamenco (Monica Mota)
Wednesday 6:15 - 7:45 Ballet and Pointe (ME)
Thursday 4:30 - 5:30 Pilates (AH)
Thursday 6:30 - 8:00 Ballet and Pointe (ME)
Saturday 12:15 - 1:45 Ballet and Pointe (ME)

Flamenco for BAA Students (Leotard of Class Level, character shoes and Black Long Skirt)

Thursday 4:15 - 5:15 Beginning Flamenco for ballet levels 2, 3, 3B and 3A (Monica Mota)

Thursday 5:30 - 6:30 Intermediate Flamenco for ballet levels 3A and up (Monica Mota)

Classical Spanish for Ballet 5/5A/6 (Black leotard, no skirt, character shoes)

Wednesday 5:15 - 6:15 Classical Spanish (Monica Mota)

Classical Spanish/Flamenco for Teens/Adults

Thursday 6:30 - 7:30 Adult Flamenco (Monica Mota)

Adult Ballet Any comfortable clothing, ballet shoes recommended)

Saturday 9:15 - 10:30 Ballet Technique* (ML)

*This class is intended for people with or without any prior ballet training. It provides slow exercises which will enhance strength, balance, flexibility, musicality and self confidence. Adult students will develop the understanding of those elements listed above as well as the understanding of the ballet terminology and technique.